

Reductive carboxylation is a major metabolic pathway in the retinal pigment epithelium

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The retinal pigment epithelium (RPE) is a monolayer of pigmented cells that requires an active metabolism to maintain outer retinal homeostasis and compensate for oxidative stress. Using ¹³C metabolic flux analysis in human RPE cells, we found that RPE has an exceptionally high capacity for reductive carboxylation, a metabolic pathway that has recently garnered significant interest because of its role in cancer cell survival. The capacity for reductive carboxylation in RPE exceeds that of all other cells tested, including retina, neural tissue, glial cells, and a cancer cell line. Loss of reductive carboxylation disrupts redox balance and increases RPE sensitivity to oxidative damage, suggesting that deficiencies of reductive carboxylation may contribute to RPE cell death. Supporting reductive carboxylation by supplementation with an NAD⁺ precursor or its substrate α -ketoglutarate or treatment with a poly(ADP ribose) polymerase inhibitor protects reductive carboxylation and RPE viability from excessive oxidative stress. The ability of these treatments to rescue RPE could be the basis for an effective strategy to treat blinding diseases caused by RPE dysfunction.

reductive carboxylation | RPE | metabolism | age-related macular degeneration | oxidative stress

The retinal pigment epithelium (RPE) is a monolayer of postmitotic cells situated between the photoreceptors of the retina and the choroidal blood supply. The interaction of the RPE and photoreceptors is critical to maintaining vision. Functions of the RPE include phagocytosis of shed photoreceptor outer segments, recycling of retinoids, production and secretion of cytokines and chemokines, and mediating the exchange of nutrients and metabolites between the choroid and photoreceptors (1, 2). RPE cells provide crucial metabolic support for the retina.

RPE dysfunction can lead to photoreceptor death and retinal degenerative disease, such as age-related macular degeneration (AMD), which is the leading cause of irreversible vision loss in the elderly human population (3–5). RPE cells are exposed to ongoing oxidative stress from the combined effects of light, choroidal O₂, polyunsaturated fatty acids, and retinoids (6). The resulting impairment in RPE energy metabolism and function by oxidative stress is one likely mechanism for the pathogenesis of AMD (3, 7–11).

Mitochondria support the active energy metabolism of the RPE (10–12). A recent report showed that RPE is less stable and less able to support the retina when it is forced to rely on glycolytic rather than mitochondrial metabolism (13). Another recent report supports the importance of mitochondria in RPE by showing that bolstering mitochondrial activity makes these cells more resilient to oxidative damage (14).

In mitochondria, citrate can be generated from acetyl CoA and oxaloacetate as part of the TCA cycle. However, under hypoxic conditions, some cells also produce citrate via reductive carboxylation of α -ketoglutarate (α KG) through the action of NADPH-dependent isocitrate dehydrogenases (IDH) (15–17). Reductive carboxylation occurs in a small cohort of cells from liver, heart, brown adipocytes, and quiescent fibroblasts (18–20),

where it supports redox homeostasis and synthesis of lipids, nucleotides, and urea (16, 18).

Reductive carboxylation of α KG to isocitrate by NADPH and CO₂ can be catalyzed by IDH1 and IDH2, two of three isoforms of IDH. Overexpression of IDH1 or IDH2 can enhance protection from oxidative damage, whereas interference with their activities causes oxidation of glutathione and accumulation of reactive oxygen species (21–24). Loss of IDH1 and IDH2 activity also slows lipid synthesis and cell growth (25). IDH2 KO mice have dysfunctional mitochondria, poor redox homeostasis, and accelerated heart failure (26). Other studies have highlighted the importance of pyridine nucleotides, NAD⁺/H, and NADP⁺/H in reductive carboxylation (15, 16). Pyridine nucleotides have diverse metabolic roles in differentiation, survival, and protection from oxidative stress (27).

We report here that RPE cells have an exceptionally high capacity for reductive carboxylation. They acquire it with maturation and use it for viability, redox balance, mitochondrial function, and response to oxidative stress. Reductive carboxylation in RPE is compromised when oxidative stress becomes excessive. Remarkably, supplementing with either an NAD⁺ precursor or an inhibitor of poly(ADP ribose) polymerase (PARP) protects reductive carboxylation and RPE cell viability from the effects of oxidative stress.

Results

There is an Unusually High Metabolic Flux Through Reductive Carboxylation in RPE. We quantified ¹³C-labeled metabolites from RPE cells that were fed U-¹³C glutamine for 1 h. The

Significance

In the vertebrate eye, a monolayer of cells, called the retinal pigment epithelium (RPE), is between the choroidal blood supply and the retina. The RPE provides metabolic support for the retina, including delivery of glucose and other nutrients. Here, we show that reductive carboxylation of α -ketoglutarate, a type of metabolism that supports growth and survival of cancer cells, is a prominent feature of RPE cells. We show that extreme oxidative stress can overwhelm the reductive carboxylation pathway. However, we also found that the RPE can be protected from extreme oxidative stress by supplementation with an NAD⁺ precursor or α -ketoglutarate.

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labeled glutamine can be made into M5 α KG, which then is either (i) oxidized in the TCA cycle (curved black line in Fig. 1A) into M4 intermediates (labeled with four ^{13}C) or (ii) carboxylated (blue line in Fig. 1A) into M5 isocitrate and citrate (Fig. S1). M4 and M5 are the two most abundant species of labeled citrate produced in these experiments (Fig. S24). We performed this analysis with human fetal retinal pigment epithelium (hRPE) cells, human induced pluripotent stem cell (iPSC)-derived RPE cells, ARPE-19 cells (a human RPE cell line), cultured murine Müller glia, human cardiac endothelial cells (hCardiac ECs), HeLa cells (a cancer cell line), isolated mouse retina, and slices of murine neuronal tissues (cerebellum, hippocampus, and olfactory bulb). M4 is the major form of citrate made in the retina, other neuronal tissues, hCardiac ECs, and cancer cells (HeLa). In striking contrast, M5 is the major form in RPE (Fig. 1B).

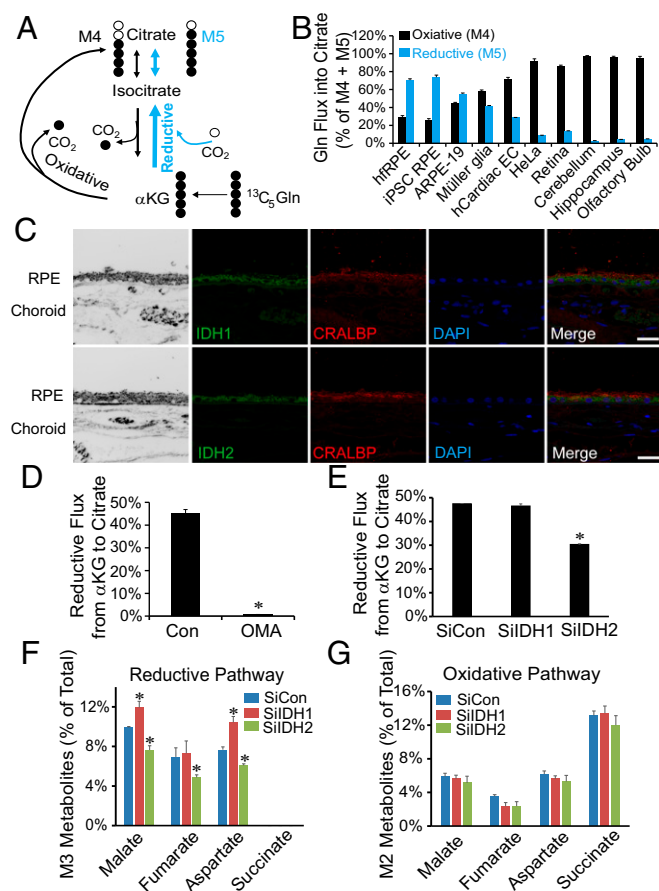


Fig. 1. Human RPE cells have an unusually high rate of reductive carboxylation from α KG to citrate through IDH2. (A) Schematic illustrating reductive carboxylation. U- ^{13}C glutamine produces either four carbon-labeled (M4) citrate through the classical oxidative pathway or five carbon-labeled (M5) citrate through reductive carboxylation of α KG. (B) Human fetal and control iPSC RPEs have much higher reductive (M5) and less oxidative (M4) activity compared with the other tissues or cell lines tested. Mean \pm SD ($n = 3$). To emphasize the metabolic specialization, the data are shown as percentage of total M5 (reductive) and M4 (oxidative) incorporation of ^{13}C into citrate from U- ^{13}C glutamine. A more detailed presentation of the data is provided in Table S1. (C) Expression of IDH1 and IDH2 in human adult RPE by immunofluorescence. Cellular retinaldehyde binding protein (CRALBP) is a marker of RPE. (Scale bar: 50 μm .) (D and E) Reductive flux of hRPE cells is inhibited by either 5 mM OMA or siRNA silencing of IDH2 but not IDH1 ($n = 3$). Reductive flux was calculated as percentage of total flux from U- ^{13}C glutamine that went to M5 citrate (reductive). (F and G) Effect of IDH1 or IDH2 knockdown on M3 metabolites from the reductive pathway and M2 metabolites from the oxidative pathway. Mean \pm SD ($n = 3$). * $P < 0.05$ vs. Con (control) or SiCon (nontarget siRNA control).

The rate at which labeled citrate accumulates (Fig. S2B) shows that reductive carboxylation is more active than oxidation in hRPE, whereas oxidation is more active than reductive carboxylation in mouse retina. We also evaluated two other pathways that can generate cytosolic NADPH. Both malic enzyme activity (formation of M3 pyruvate from U- ^{13}C glutamine) (Fig. S2B) and pentose phosphate pathway (PPP) activity [formation of M1 pyruvate from 1,2- ^{13}C -glucose (28)] (Fig. S2C) are minor compared with reductive carboxylation in hRPE cells.

Comparison of M5 citrate and M5 α KG in cells and tissues incubated with ^{13}C -glutamine shows that reductive carboxylation is more active in RPE than in other cells and tissues (Fig. S2D). M3 malate, fumarate, and aspartate are made from M5 citrate produced by reductive carboxylation in the matrix and exported to the cytosol (Fig. S1). These indicators of reductive carboxylation are sixfold more abundant in RPE than in retina (Fig. S2E).

NADP-Dependent IDH2 Catalyzes Reductive Carboxylation in RPE Cells.

Reductive carboxylation can be catalyzed by the NADP-dependent enzymes IDH1 and IDH2, which are distributed in the cytosol and mitochondria, respectively (Fig. S3A). IDH1 and IDH2 are approximately twofold more abundant in hRPE than in human fetal retina (Fig. S3B and C). In adult human tissue, IDH1 and IDH2 are abundant in RPE but nearly undetectable in the choroid (Fig. 1C). Oxalomalate (OMA), a competitive inhibitor of NADP-dependent IDH (20), inhibits reductive carboxylation of α KG to citrate in hRPE (Fig. 1D). M3 malate, M3 fumarate, and M3 aspartate are approximately threefold less abundant when OMA is present, and metabolites from the oxidative pathway increase slightly (Fig. S3D and E). Inhibition of IDH activity by OMA increases the number of cells positive for MitoSOX red staining (Fig. S3F). However, OMA treatment has only minor effects on the steady-state levels of NADP $^{+}$, NADPH, oxidized glutathione (GSSG), and glutathione (GSH) (Fig. S3G and H). Interpretation of these findings is complicated by the absence of information about flux through the NADP(H) redox cycle and the distributions of pools of NADP $^{+}$ and NADPH within the cell. Additional studies will be required to determine whether inhibition of IDH1 and IDH2 influences redox flux through NADP(H), whether it causes compensatory changes from other NADPH pathways, and whether it affects cytosolic and mitochondrial distributions of NADPH and reduced glutathione.

We used siRNAs to diminish expression of IDH1 or IDH2 in hRPE cells (Fig. S4A–C). Knocking down IDH2 restricts reductive flux to citrate (Fig. 1E), and it decreases formation of M3 malate, M3 fumarate, and M3 aspartate (Fig. 1F). There is no effect on the M2 isotopologues, indicating that IDH knockdown does not affect oxidative flux in the mitochondria (Fig. 1G). There is no effect of knocking down IDH1 on reductive flux from α KG to citrate (Fig. 1E). We suggest that this is because IDH1 does not catalyze the reductive reaction in the scheme in Fig. 2A and Fig. S1. Knocking down IDH1 makes more cytosolic M5 citrate available to form M3 malate and M3 aspartate (Fig. 1F and upper right of Fig. S1).

Reductive Carboxylation Contributes to Redox Homeostasis in RPE.

Loss of redox homeostasis can perturb mitochondrial bioenergetics and glucose metabolism. Together with nicotinamide nucleotide transhydrogenase (NNT), IDH2 helps convert mitochondrial NADH into NAD $^{+}$ (29) (Fig. 2A). Knocking down IDH2 increases [NADH] and decreases [NAD $^{+}$], whereas knocking down IDH1 only increases [NADH] (Fig. 2B and C and Fig. S4D). Inhibiting both IDH1 and IDH2 by OMA substantially lowers the NAD $^{+}$ /NADH ratio (Fig. S4E). Consistent with the lowering of NAD $^{+}$ /NADH, we found that inhibiting IDH increases AMP/ATP and ADP/ATP (Fig. 2D and Fig. S4F). To examine whether loss of IDH activity influences glycolysis, we

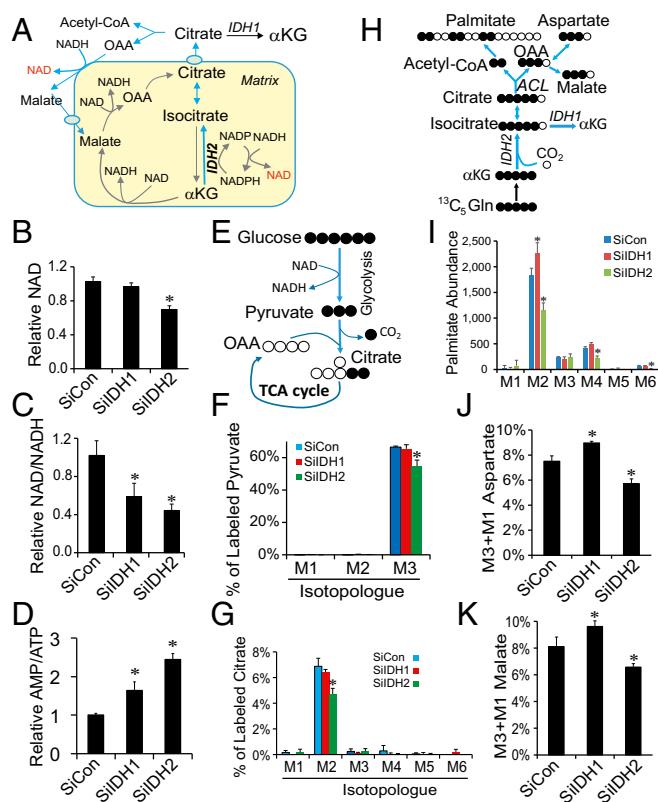


Fig. 2. NADP-dependent IDH activity influences NAD/NADH, mitochondrial bioenergetics, glycolysis, and lipid synthesis in hRPE. (A) Schematic illustrating NAD metabolism by NADP-dependent IDH (blue arrows) in mitochondria. Production of NAD⁺ (red) comes from reductive carboxylation in mitochondria and separately in the cytosol. (B and C) The effect of IDH1 or IDH2 knockdown on NAD⁺ and NAD⁺/NADH levels relative to control (*n* = 3). (D) Knockdown of both IDH1 and IDH2 increases the AMP/ATP ratio. (E) Schematic illustration of U-¹³C glucose metabolism. Black circles represent the labeled carbons. (F and G) Knockdown of IDH2 inhibits glucose metabolism in hRPE. Decreased levels of M3 pyruvate and M2 citrate were determined by isotopologue analysis after incubating hRPE with 5 mM U-¹³C glucose for 15 min. (H) Schematic illustrating the role of IDH in palmitate synthesis from U-¹³C glutamine. Black circles represent the labeled carbons. ACL, ATP citrate lyase. (I) The effect of IDH1 or IDH2 knockdown on the relative abundance of palmitate isotopologues in hRPE cells (arbitrary units) derived from U-¹³C glutamine incubated with hRPE for 48 h. (J and K) Knockdown of IDH1 increases labeled malate and aspartate from U-¹³C glutamine, whereas IDH2 knockdown decreases labeled malate and aspartate. M3 and M1 isotopologues include carbons that complete more than one TCA cycle. Mean ± SD (*n* = 3). **P* < 0.05 vs. SiCon (nontarget siRNA control).

treated RPE cells with U-¹³C glucose for 15 min and quantified incorporation of ¹³C into pyruvate and citrate (Fig. 2E). Knockdown of IDH2 but not IDH1 causes a small but significant inhibition of M3 pyruvate and M2 citrate formation (Fig. 2F and G). This result is consistent with inhibition of glycolysis caused by the diminished NAD⁺/NADH ratio. These findings show that IDH1 and IDH2 influence RPE redox metabolism. A more detailed interpretation of the effects of IDH suppression on redox metabolism is complicated by the absence of information about the distributions of the metabolites in mitochondrial vs. cytosolic pools.

Reductive Carboxylation Contributes to Fatty Acid Synthesis in RPE.

Fatty acids are made from acetyl-CoA produced by ATP citrate lyase (Fig. 2H). We incubated RPE cells with 2 mM U-¹³C glutamine in DMEM with 1% FBS for 48 h and then, quantified ¹³C in palmitate. The RPE culture medium was replaced with

DMEM, because standard RPE culture medium contains unlabeled glutamate and aspartate. Cells carboxylate acetyl-CoA into malonyl-CoA, which then contributes two carbons to each elongation cycle of fatty acid synthesis. Knockdown of IDH2 inhibits M2, M4, and M6 palmitate formation, whereas knockdown of IDH1 increases M2 palmitate (Fig. 2I and Fig. S4G). Inhibition of IDH1 causes accumulation of cytosolic citrate, which is broken down by citrate lyase into acetyl CoA and oxaloacetate. Knockdown of IDH1 also causes malate and aspartate to accumulate (Fig. 2J and K). These findings support the model shown in Fig. 2H.

Reductive Carboxylation Increases as RPE Cells Mature. When RPE cells mature and differentiate, they shift to mitochondrial oxidative metabolism to support their specialized functions (30). We analyzed reductive carboxylation in hRPE cells at different stages of maturity in culture. RPE cells were either plated at varying densities and cultured for 1 wk or plated at a fixed density and cultured for up to 8 wk. Mature RPE cells have hexagonal morphology, tight junctions, and melanin pigment granules. These characteristics start to appear in hRPE cells seeded at 169,000 in a 35-mm dish after 1 wk in culture, although they are most pronounced when the cells are seeded at a density of 327,000 (Fig. S5A–F). Similar hexagonal morphology and pigmentation appear in hRPE cells seeded at 100,000 and cultured for 4 wk and become more pronounced after 8 wk in culture (Fig. S5G–J). Along with increasing cellular maturity, reductive flux from αKG to citrate increased by approximately twofold (Fig. S5K and L) as did the M3 intermediates from the reductive pathway (Fig. S4M). M2 metabolites from the oxidative pathway did not increase, except at the very highest cell density (Fig. S4N).

Reductive Carboxylation in RPE Is Compromised by Excessive Oxidative Stress. An important feature of RPE cells is their ability to withstand oxidative damage. A widely used method to inflict oxidative damage on RPE cells is exposure to millimolar concentrations of H₂O₂. Although such a high level of stress would not occur in a normal physiological setting, H₂O₂ treatment provides a controllable and reproducible technique for an initial assessment of the biochemical response of RPE metabolism to oxidative damage.

H₂O₂ does not affect reductive carboxylation at concentrations up to 0.25 mM. At 1 mM, it does not kill the cells, but it inhibits more than 50% of reductive flux (Fig. 3A), and it blocks formation of M3 intermediates (Fig. 3B). It also substantially decreases the NAD⁺/NADH ratio (Fig. 3C) and the total NAD⁺ and NADH levels (Fig. 3D and E). NAD⁺ is required for glycolysis and mitochondrial bioenergetics, and therefore, flux through glycolysis decreases by ~70% (Fig. S6A), and the AMP/ATP ratio increases approximately fivefold after H₂O₂ exposure (Fig. 3F). H₂O₂ increases flux through the PPP by 15-fold, but even under these conditions, the total flux through the PPP is only ~10% of the flux through glycolysis (Fig. S6A).

Oxidative Stress Depletes NAD⁺ and Adversely Affects RPE Survival.

H₂O₂ causes DNA damage (31), which stimulates PARP in RPE cells (32). Excessive PARP activity can deplete NAD⁺ by using it as a substrate to synthesize poly(ADP ribose) (PAR) (Fig. 3G) (33, 34). To determine if PARP is responsible for the effect of H₂O₂ on NAD⁺ in RPE cells, we treated them with 10 μM PJ34, a potent cell-permeable PARP inhibitor (EC₅₀ = 20 nM). PJ34 restored NAD⁺ to five times its level in H₂O₂-treated RPE cells, and it restored NAD⁺/NADH and reductive carboxylation (Fig. 3H–J). These findings show that PARP-mediated depletion of NAD⁺ can inhibit reductive carboxylation in RPE cells. We also quantified metabolites from hRPE cells treated with H₂O₂ either with or without PJ34. H₂O₂ causes massive accumulation of glyceraldehyde 3-phosphate (GAP) and dihydroxyacetone

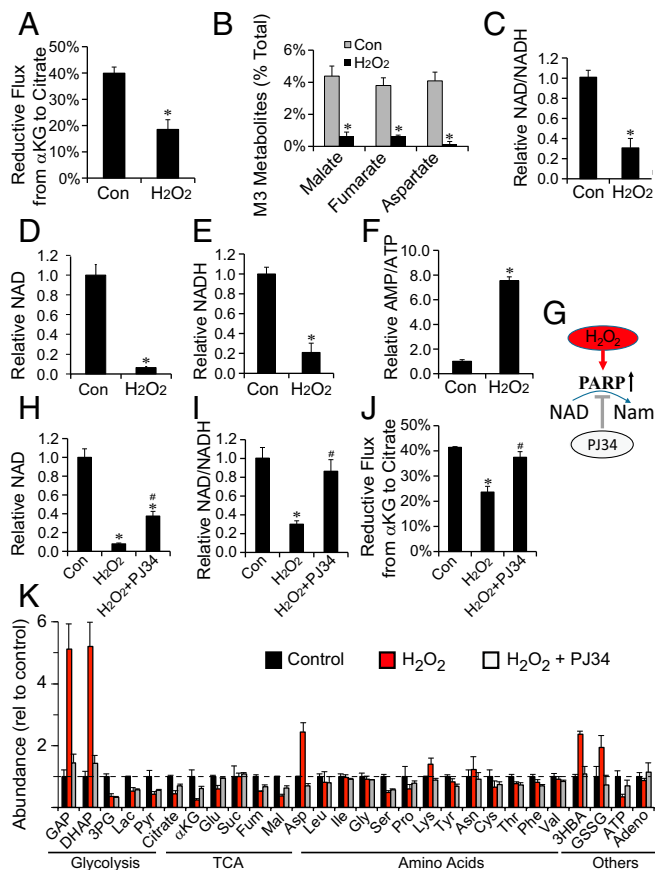


Fig. 3. Oxidative stress inhibits reductive carboxylation in hRPE. (A) Reductive flux is significantly diminished in hRPE exposed to 1 mM H₂O₂. hRPE were labeled for 1 h with U-¹³C glutamine. (B) M3 metabolites derived from the reductive pathway are diminished by H₂O₂ exposure. **P* < 0.05 vs. control (*n* = 3). (C–F) H₂O₂ treatment decreases NAD⁺/NADH, NAD⁺, and NADH, and it increases AMP/ATP in hRPE. (G) A schematic illustrating how H₂O₂ stimulation of PARP activity leads to the depletion of NAD. PJ34 is a potent PARP inhibitor. (H–J) PJ34 (10 μ M) counteracts the effects of H₂O₂ on NAD⁺ and restores NAD⁺/NADH and reductive flux. (K) Quantification of metabolites in hRPE after exposure to H₂O₂ reveals significant changes in the abundance of glycolytic intermediates and amino acids. PJ34 counteracts the effects of H₂O₂. Mean \pm SD (*n* = 3). Adeno, adenosine; Nam, nicotinamide. **P* < 0.05 vs. Con (control); #*P* < 0.05 vs. H₂O₂.

phosphate (DHAP), and it increases levels of aspartate, β -hydroxybutyrate (3HBA), and GSSG. Remarkably, PJ34 completely blocks these effects (Fig. 3K).

GAP and DHAP accumulate, because GAPDH requires NAD⁺. Depletion of NAD⁺ by PARP also might affect other NAD⁺-dependent dehydrogenases (Fig. S6B). PJ34 counteracts the effect of H₂O₂ on lactate/pyruvate and 3HBA/acetoacetate ratios (Fig. S6C and D). It also counteracts the effect of H₂O₂ on α KG/citrate (Fig. S6E), which influences reductive flux in cancer cells (35).

We treated hRPE with 1 mM H₂O₂ in the absence or presence of PJ34 and monitored cell death by lactate dehydrogenase (LDH) in the culture medium (Fig. S7A) and by cell density (Fig. S7B–E). Cells exposed to H₂O₂ died within 48 h, but concurrent treatment with 100 nM PJ34 completely blocked H₂O₂-induced cell death. This finding indicates that RPE cell death from H₂O₂ is caused by depletion of NAD⁺ by PARP.

Oxidative Damage in RPE Is Enhanced When Reductive Carboxylation Is Inhibited. Because reductive carboxylation can produce NADPH needed to reduce glutathione, we asked whether

impairment of the reductive pathway makes RPE cells more vulnerable to oxidative stress. We cultured hRPE cells for 10 d with or without knockdown of IDH1 and IDH2. We then treated them with 1 mM H₂O₂ for 24 h and stained them with ethidium homodimer to quantify cell death (Fig. S8A–F). IDH2 siRNA alone induces cell death threefold more than control siRNA. H₂O₂ alone increases cell death 65-fold (Fig. S8G). H₂O₂ with IDH1 knockdown did not cause additional death, but together with IDH2 knockdown, it increased death 95-fold. The findings suggest that IDH2 can help to protect RPE from oxidative stress.

α KG Protects RPE from Oxidative Stress. We reasoned that enhancing reductive carboxylation by providing excess α KG as a substrate for IDH2 could enhance resistance of RPE cells to H₂O₂. Fig. S8H and I shows that 1 mM dimethyl α -ketoglutarate (dm α KG) protects hRPE cells completely from the damaging effects of 1 mM H₂O₂.

An NAD⁺ Precursor Protects RPE from Oxidative Stress. Blocking PARP activity restores NAD⁺, and it overrides the effect of H₂O₂ on reductive carboxylation (Fig. 3). Another way to restore NAD⁺ is to supplement the culture medium with nicotinamide mononucleotide (NMN), an NAD⁺ precursor. Remarkably, supplementation with NMN completely prevents RPE cell death induced by H₂O₂ (Fig. 4A–E), and it doubles the ratio of NAD⁺/NADH (Fig. 4F). NMN also counteracts the effect of H₂O₂ on glycolysis (Fig. S6A). However, it does not counteract the stimulatory effect of H₂O₂ on the low level of PPP activity present in RPE (Fig. S6A). Taken altogether, our findings indicate that IDH2-mediated reductive carboxylation is a pathway enriched in RPE cells that might enhance their resistance to oxidative stress (Fig. 4G).

Discussion

We report here that reductive carboxylation plays a major role in the energy metabolism of RPE cells. Reducing power stored in NADH in the mitochondrial matrix can be transferred to citrate by NNT and IDH2 (29). Citrate produced in the matrix can be transported to the cytoplasm, where IDH1 can use it to reduce cytosolic NADP⁺ to NADPH (Fig. 4G). The RPE can use cytosolic NADPH to protect itself from oxidative stress. A direct test of this role for reductive carboxylation in RPE cells will require quantification of redox flux through NADP(H) and evaluation of the intracellular distributions of pyridine nucleotides. We favor the idea of the IDH2-mediated pathway shown in Fig. 4G, because knockdown of IDH2 inhibits incorporation of ¹³C from glutamine into fatty acids. However, additional studies will be required to evaluate the contribution from an IDH1-mediated pathway (16) that can generate mitochondrial NADPH, such as occurs in tumor cell spheroids (17) and pyruvate dehydrogenase-deficient cells (36).

The high level of activity of reductive carboxylation in RPE may help to explain the importance of mitochondria in supporting RPE function and enhancing protection from oxidative stress (13, 14). The RPE provides glucose to the retina by transporting it from the choroid, and therefore, this process would be most efficient if the RPE consumes as little glucose for itself as possible. We suggest that reductive carboxylation is a way for RPE cells to generate NADPH without consuming glucose (Fig. 4G). Consistent with this suggestion, other pathways that produce cytosolic NADPH, the PPP and malic enzyme, appear to be less active than reductive carboxylation in RPE cells.

RPE cannot survive long-term deficiency of NAD⁺ (37, 38), and a mutation in nicotinamide nucleotide adenylyltransferase 1 (NMNAT1), the enzyme that converts NMN into NAD⁺, causes severe retinal degeneration in humans (39–41). We have shown that, when oxidative stress is excessive, PARP depletes NAD⁺.

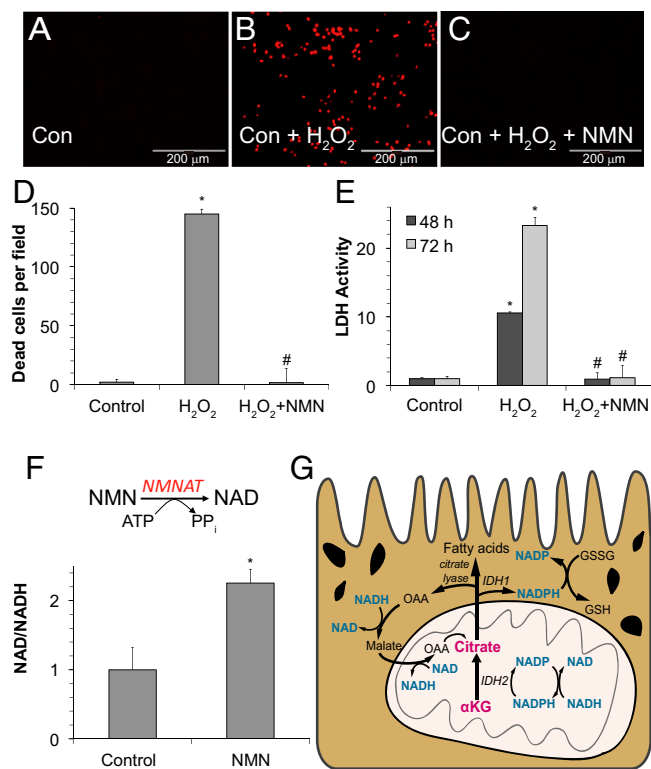


Fig. 4. NMN protects RPE cells from oxidative damage. (A–C) iPSC RPE cells cultured for 8 wk were treated with 1 mM H₂O₂ in either the presence or absence (Con, control) of 1 mM NMN for 48 h. Cell death was quantified by fluorescence imaging of ethidium homodimer (EthD) staining. (D) Quantification of EthD staining from A–C. (E) LDH activity released into the medium under the same conditions as in experiments in A–C. (F) NMN, which is a precursor to NAD⁺, increases cellular NAD⁺/NADH in hRPE. NMNAT, nicotinamide mononucleotide adenylyltransferase. All data are mean \pm SD ($n = 3$). * $P < 0.05$ vs. control; # $P < 0.05$ vs. H₂O₂. (G) Model for the role of reductive carboxylation in RPE. IDH2 converts α KG into isocitrate and then, citrate by reductive carboxylation. Citrate exits the mitochondria into the cytoplasm to make either cytosolic NADPH (via IDH1) or acetyl CoA (via citrate lyase) for fatty acid synthesis. The pyridine nucleotides are highlighted in blue to illustrate some of the vital reactions in RPE metabolism that would be compromised by depletion of NAD⁺.

This depletion blocks glycolysis and reductive carboxylation, because they require pyridine nucleotides.

An important implication of our findings is that failure of reductive carboxylation in the RPE could be a key factor in the pathogenesis of RPE-related diseases, such as AMD. Dysfunction of RPE mitochondria and increasing susceptibility to oxidative stress with age are linked to AMD (8, 11). Oral antioxidant supplements have been shown to have only modest effects on AMD disease progression (42). In our studies, NMN, PJ34, and dm α KG restore reductive carboxylation and protect RPE cells from oxidative damage very effectively, and therefore, they may represent promising therapeutic targets for AMD.

Our findings about RPE metabolism suggest a hypothesis to explain RPE dysfunction in diseases, like AMD (8). DNA damage in RPE mitochondria accumulates with age (8), and mismatches between respiratory complex subunits encoded by the mitochondrial and nuclear genomes can increase oxidative stress (43). Single-strand breaks in DNA can stimulate PARP to make PAR (44), and PARP activity is required for DNA repair in RPE cells (32). The negatively charged PAR facilitates DNA repair by loosening the structure of chromatin (45). NAD⁺ is consumed by PARP, but NAD⁺ also is a required substrate for Sirt1, a nuclear enzyme that deacetylates histones (46). Sirt1 activity slows when NAD⁺ is depleted by PARP (47), leaving

histones more acetylated, which loosens chromatin structure even further.

Loosening of chromatin by accumulation of PAR and acetylated histones is important for DNA repair, but it also can allow genes that normally are inaccessible within heterochromatin to become more generally accessible to polymerases and transcription factors (48). We suggest that photoreceptors, specialized for aerobic glycolysis (49, 50), become less glycolytic, whereas RPE cells that rely on mitochondria for reductive carboxylation develop a more conventional metabolism. Loss of the unique and complementary metabolic features of these tissues may compromise the essential symbiotic relationship between the RPE and the retina. An attractive feature of this hypothesis is that each of its predictions will be testable with currently available technology.

Inhibiting PARP rescues RPE from oxidative stress. Inhibiting PARP also blocks DNA repair (32), and therefore, it is unlikely that PARP inhibitors could be an effective long-term therapy. However, we found that supplementation with an NAD⁺ precursor also is a very effective way to protect RPE cells from oxidative stress. This approach to therapy is likely to be more successful than PARP inhibition, because it can restore glycolysis, reductive carboxylation, and sirtuin activity without compromising DNA repair.

NAD⁺ declines with age (47, 51), and supplementation with NAD⁺ precursors can delay aging, liver disease, and vascular dysfunction (52–54). NAD⁺ precursors, such as nicotinamide riboside, can be used safely in humans (55, 56). In the absence of animal models for AMD, our findings highlight the need for clinical trials that evaluate NAD⁺ precursors for their ability to prevent and treat AMD.

Our study focused on identification and quantification of reductive carboxylation in RPE. Follow-up studies on RPE metabolism should investigate relative contributions of reductive carboxylation, malic enzyme activity, and the PPP to NADPH production. It also is important to determine how these pathways are regulated and how they are influenced by stress, aging, and disease states.

In summary, we found that reductive carboxylation is a prominent feature of healthy RPE cells. This metabolic pathway enhances the ability of RPE to maintain its cellular redox potential, and it contributes to lipid synthesis and possibly, resistance to oxidative stress. We found that excessive oxidative stress depletes NAD⁺ in RPE cells, and supplementation with NAD⁺ precursors restores pyridine nucleotides and rescues RPE from cell death.

Materials and Methods

Cell Culture. Dissections of fetal tissue (16–18 wk gestation) to isolate RPE were performed following a previously published protocol (57). Use of fetal RPE cells as described did not qualify as human subjects research, as determined by the University of Washington Institutional Review Board. Isolated fetal RPE formed a confluent, pigmented monolayer of hexagonal cells after ~4 wk in culture. ARPE-19 cells were cultured in the RPE medium. hCardiac ECs were obtained from Lonza and cultured according to the manufacturer's protocol. Müller glial cells were isolated from mice as reported (58) and cultured in Neurobasal medium with 10% (vol/vol) FBS.

Stable Isotope-Labeled Metabolite Analysis. RPE cells and all other cells or tissues (Fig. 1B) were changed into Krebs–Ringer Bicarbonate medium (59) with 5 mM glucose and 2 mM U-¹³C glutamine for 1 h or 5 mM U-¹³C glucose for 15 min. The decrease in glucose concentration in the media during the course of those experiments was negligible. For fatty acid analysis, RPE cells were labeled with 2 mM U-¹³C glutamine in DMEM with 1% FBS for 48 h. RPE cells were homogenized, and the metabolites were extracted, dried, derived with *N*-tert-butyltrimethylsilyl-*N*-methyltrifluoroacetamide (TBDMS), and analyzed by GC-MS (Agilent 7890/5975C) as described in detail (60–62).

Additional details and other materials and methods are in *SI Materials and Methods*. Research involving human subjects described in *SI Materials and Methods* was approved by the University of Washington Institutional Review Board, and informed consent was obtained.

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Supporting Information

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SI Materials and Methods

Reagents. OMA was obtained from Cayman Chemical; uniformly labeled ^{13}C glucose was from Cambridge Isotope Laboratories, Inc. ^{13}C glutamine and reagents were purchased from Sigma-Aldrich unless otherwise specified.

Cell Culture. Human fetal eyes, with a typical gestational age of 16–20 wk, were harvested and shipped overnight on ice in RPMI media containing antibiotics from Advanced Bioscience Resources Inc. Dissections of fetal tissue to isolate RPE were performed within 24 h of procurement following a previously published protocol (57). The resulting fetal RPE sheets were incubated at 37 °C with 5% (50,000 ppm by volume) CO_2 and cultured in an RPE medium [MEM α ; Gibco supplemented with 5% (vol/vol) FBS; N1 Medium Supplement (Sigma-Aldrich); a stock solution of hydrocortisone, triiodothyronine, and taurine; nonessential amino acids (NEAAs); and a penicillin-streptomycin solution]. Isolated fetal RPE formed a confluent, pigmented monolayer of hexagonal cells after about 3–4 wk in culture, was passaged using a 0.25% trypsin-EDTA solution (Gibco), and was passed through a 40- μm nylon cell strainer (BD Falcon) to collect a suspension of single cells. The collected fetal RPE cells were plated onto 35-mm tissue culture plates (Corning) pre-coated with Growth Factor Reduced (GFR) Matrigel Matrix (Corning) with the addition of 10 μM Y-27632 dihydrochloride (Tocris Bioscience). When cells reached confluency, typically in 1–2 wk, RPE cells were cultured in new RPE medium without Y-27632 and decreased FBS concentration (1%). ARPE-19 cells were cultured in the RPE medium. hCardiac ECs were obtained from Lonza and cultured according to the manufacturer's protocol. Müller glia cells were isolated from mice as reported (58) and cultured in Neurobasal medium with 10% (vol/vol) FBS. All cell lines were periodically tested for *Mycoplasma* contamination, and they were negative.

iPSC Generation and Differentiation into RPE. Peripheral blood mononuclear cells (PBMCs) were obtained from normal control participants and made into iPSCs in a University of Washington Institutional Review Board-approved protocol (HSD 43143). Informed consent was obtained from all participants before inclusion in the study, and all experiments were conducted according to the principles expressed in the Declaration of Helsinki. PBMCs were separated from fresh blood samples using a Ficoll-Hypaque (GE Healthcare) gradient. Erythroblasts were generated by expanding 2 million PBMCs in culture for 9 d in a QBSF-60 Serum-Free Medium (Fisher Scientific) supplemented with stem cell factor (50 ng/mL), IL-3 (10 ng/mL), erythropoietin (2 U/mL), insulin-like growth factor 1 (IGF1; 40 ng/mL), dexamethasone (1 μM), ascorbic acid (50 ng/mL), and a penicillin-streptomycin solution. Episomal vectors encoding the reprogramming factors OCT4, SOX2, KLF4, LIN28A, LMYC, and an shRNA targeting p53 were obtained from Addgene (catalog nos. 27077, 27078, 27080, and 27082). The episomal vectors were introduced into the in vitro expanded erythroblasts using the Nucleofector II device (Kit V, Program T-019; Lonza). After 48–72 h, transfected erythroblasts were plated onto a layer of irradiated mouse embryonic fibroblasts (iMEFs) in a reprogramming medium. Approximately 12 d after nucleofection, colonies with the morphological characteristics of human ES cells (hESCs) began to emerge, and the medium was then switched to hESC medium [DMEM:F12 1:1, Knockout Serum Replacement (Life Technologies), NEAA, L-glutamine, sodium

pyruvate, sodium bicarbonate, β -mercaptoethanol, basic fibroblast growth factor (bFGF) (10 ng/mL), penicillin-streptomycin solution]. After colonies with ES cell-like morphology had grown to a sufficient size, they were manually transferred to separate iMEF-coated culture dishes for expansion in hESC medium. Eventually, iPSC cultures were moved to feeder-free plates and grown in E8 medium (Life Technologies).

RPE Differentiation and Culture. iPSC-derived RPE was differentiated as reported (63). Briefly, human iPSCs cultured in Essential 8 Media (Gibco) on GFR Matrigel Matrix (Corning) were passaged using Dispase (Gibco) and plated onto GFR Matrigel-coated six-well plates in DMEM F12 basal media containing N2 Medium Supplement (Gibco), sodium pyruvate (Gibco), a 10% (vol/vol) BSA solution (Sigma-Aldrich), NEAA, HEPES (Gibco), sodium bicarbonate, and a penicillin-streptomycin solution and supplemented with 10 μM Y-27632, 50 ng/mL Recombinant Human Noggin (R&D Systems), 10 ng/mL Recombinant Human DKK-1 (R&D Systems), 10 ng/mL Recombinant Human IGF1 (Sigma-Aldrich), and 10 mM nicotinamide (Sigma-Aldrich). On day 1 after passage, Y-27632 was excluded from the medium; on day 3, the media were changed to the N2-supplemented media described previously containing 10 ng/mL Recombinant Human Noggin, DKK, IGF 5 ng/mL Basic Fibroblast Growth Factor (Invitrogen), and 10 mM nicotinamide. On day 5, N2-supplemented media containing 10 ng/mL DKK and IGF and 100 ng/mL Recombinant Human/Murine/Rat Activin A (Peprotech) were added to the cell cultures. From day 7 to day 14, cells were treated with N2-supplemented media containing 100 ng/mL Activin, 10 μM SU 5402 (Tocris Bioscience), and 1 μM Vasoactive Intestinal Peptide (Sigma-Aldrich). From day 14 onward, cells were cultured in N2-supplemented media until RPE began to appear (~4 wk). RPE cells were either manually picked or trypsinized depending on the quality of differentiation. The RPE was then plated on Matrigel Matrix and cultured as described previously in an RPE medium containing 5% (vol/vol) FBS and 10 μM Y-27632. After reaching confluency, the FBS concentration in the media was decreased to 1%, and Y-27632 was no longer added to the media.

Stable Isotope-Labeled Metabolite Analysis. RPE cells and all other cells or tissue were changed into Krebs–Ringer Bicarbonate medium (59) with 5 mM glucose and 2 mM $\text{U-}^{13}\text{C}$ glutamine or 5 mM $\text{U-}^{13}\text{C}$ glucose with or without OMA for varying times. The cells were then quickly rinsed with ice-cold 0.9% NaCl and scraped with cold 80% (vol/vol) methanol in water. RPE cells were homogenized, and the metabolites were extracted, dried, derived with TBDMS, and analyzed by GC-MS (Agilent 7890/5975C) as described in detail (60–62). For palmitate labeling, metabolites were extracted with a mixture of chloroform:methanol (2:1 vol/vol), derived by Methyl-8 reagent (Pierce), and analyzed by GC-MS. The measured distribution of mass isotopologues was corrected for natural abundance of ^{13}C metabolite intensity.

Liquid Chromatography/MS Analysis of Metabolites. NAD $^+$, NADH, NADP, NADPH, ATP, ADP, AMP, GSH, and GSSG were measured by a Waters Xevo TQ Tandem Mass Spectrometer with ACQUITY UPLC as we reported previously (62). The metabolites from RPE cells were separated by the UPLC BEH Amide Analytic Column (Waters). The mobile phase was (A) water with 10 mM ammonium acetate (pH 8.9) and (B) acetonitrile:water (95:5) with 10 mM ammonium acetate (pH 8.9).

(All solvents are LC-MS Optima Grade from Fisher Scientific.) The gradient elution was (i) 95–61% B at 6 min, (ii) 61–44% B at 8 min, (iii) 61–27% B at 8.2 min, and 27–95% B at 9 min. The column was reequilibrated with 95% B at the end of each run. The flow rate for all gradients was 0.5 mL/min, and the total run was 11 min. The optimized transitions for each metabolite, including the precursor and product ions, were set up after tuning with the standard. The chromatograms were analyzed by MassLynx (Waters).

Transfections. IDH1 and IDH2 gene expressions were knocked down by transfecting fetal RPE using siGENOME Human IDH1 and IDH2 siRNA (Dharmacon) and transfection reagent (DharmaFECT 4; Dharmacon). Cells transfected with nontarget siRNA were used as a control. The efficiency of silencing was determined by Western blot analysis of IDH1 and IDH2 expression up to 8 d after seeding. In all experiments, cells were transfected on the initial day and the third day after plating with 60 nM siRNA and 0.2% transfection reagent in antibiotic-free RPE medium with 1% serum.

IDH Immunohistochemistry. Tissue sections of a human globe (81-year-old female) were obtained from the University of Washington Tissue Bank for Ophthalmology Research (HSD 41470). Tissue sections (5 μ m in thickness) were deparaffinized and rehydrated in an ethanol series. Sections were blocked for nonspecific binding with 10% (vol/vol) horse serum in PBS and incubated overnight with the following primary antibodies: IDH1 (1:1,000; Santa Cruz Biotechnology), IDH2 (1:1,000; Abcam), and cellular retinaldehyde binding protein (1:100; University of Washington Vision Research Core). Sections were incubated with AlexaFluor secondary antibodies (1:500) for 45 min at room temperature in the dark, costained with DAPI, and mounted with Fluoromount-G.

MitoSOX Assay. hFRPE cells were plated at a density of 100,000–120,000 per well in an eight-chambered slide (Nunc Lab-Tek Permaxox Slide; Sigma-Aldrich) with RPE medium containing 5% (vol/vol) FBS and 10 μ M Y-27632. After 4–7 d in culture, the media were washed and replaced with DMEM containing 5.5 mM glucose, 2 mM glutamine, and 1% FBS (dye-free and no pyruvate) with or without 1 mM OMA overnight. An aliquot of MitoSOX (Molecular Probes; ThermoFisher Scientific) was prepared by reconstituting 50 μ g with 13 μ L DMSO for 5 mM stock MitoSOX, which then was diluted 1:1,000 in Krebs-Ringer bicarbonate (KRB) buffer. The cells were changed into KRB buffer containing 5 μ M MitoSOX and incubated for 10 min at 37 °C. Pictures were captured under fluorescence microscopy, and red fluorescent cells were counted using the software program Fiji.

Ethidium Homodimer Staining. hFRPE cells were grown for 4–5 wk in 24-well plates. They were treated (~16 h) with control (media only), 250 μ M H₂O₂, or 250 μ M H₂O₂ and 1 mM OMA in DMEM clear media without glucose, glutamine, or pyruvate (A1443001; Gibco). The next day, media were removed and replaced with 500 μ L per well KRB media and ethidium homodimer dye. Red fluorescent cells were counted under a fluorescence microscope.

LDH Activity Assay. Twenty microliters media from hFRPE cell cultures were used in the assay, which was conducted per the manufacturer's protocol (Genzyme). Absorbance was measured at 340 nm, and the change in absorbance over time was determined by subtracting the background control.

Statistics. Data are expressed as mean \pm SD. Significance of differences between means was determined by unpaired two-tailed *t* tests or ANOVA with an appropriate post hoc test. A *P* value < 0.05 was considered to be significant.

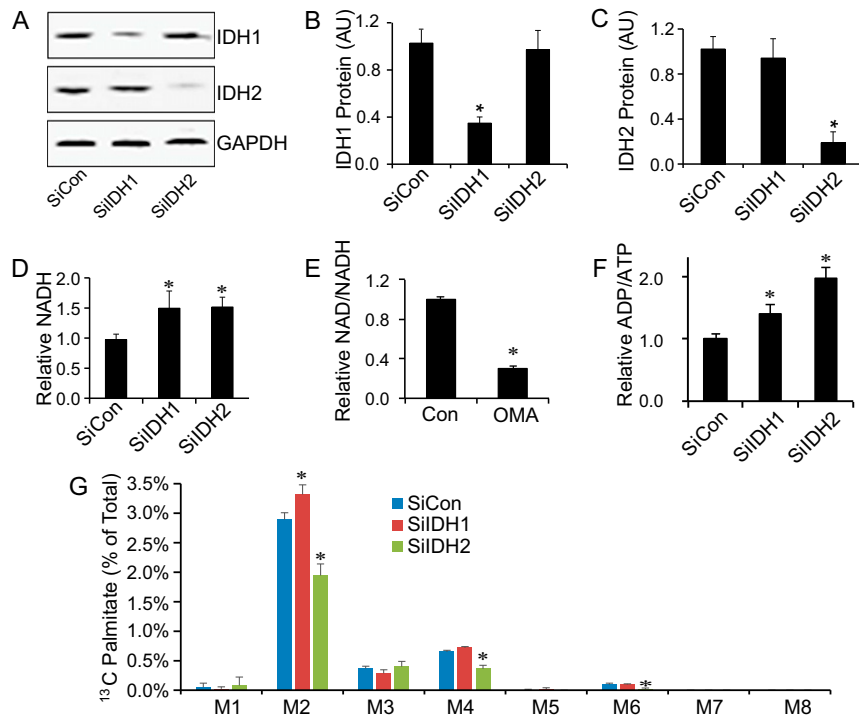


Fig. 54. NAD-dependent IDH1 and IDH2 in hRPE regulates NAD/NADH, mitochondrial bioenergetics, and fatty acid synthesis. (A–C) hRPE cells were transfected with siGENOME human IDH1 and IDH2 siRNA on the initial and third day after plating. Cells transfected with nontarget siRNA were used as controls. The silencing efficiency was (A) determined by Western blot analysis of IDH1 and IDH2 expression and (B and C) quantified. Data are mean \pm SD ($n = 3$). * $P < 0.05$ vs. SiCon (siRNA control). (D) Knockdown of IDH1 or IDH2 increases NADH in hRPE. (Data are normalized to the control value in D–F.) (E) Inhibition of NAD-dependent IDHs by 5 mM OMA increases NAD/NADH ($n = 3$). Con, control. (F) Knockdown of either IDH1 or IDH2 increases the ADP/ATP ratio relative to control ($n = 3$). (G) Enrichment of palmitate after knockdown of IDH1 or IDH2 in hRPE cells ($n = 3$). Mean \pm SD ($n = 3$). * $P < 0.05$ vs. Con or SiCon (nontarget siRNA control).

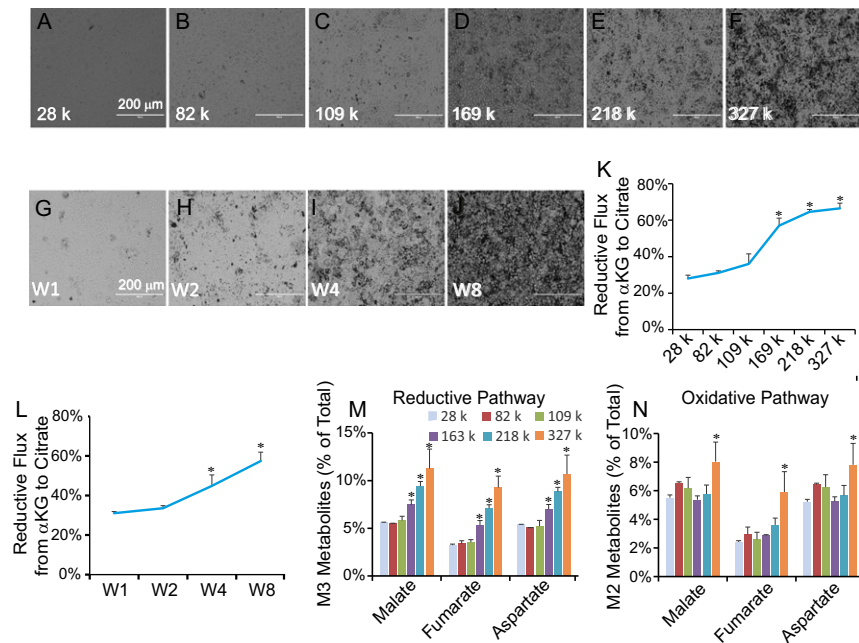


Fig. 55. Reductive carboxylation increases with RPE cell maturity. Bright-field images of hRPE either (A–F) plated at varying cell densities (k indicates thousands of cells per 35 mm) and cultured for 1 wk or (G–J) plated at 100,000 per 35 mm and cultured for 1–8 wk (W1–W8). RPE cells with higher initial plating densities or ≥ 4 wk in culture show greater hexagonal morphology and pigmentation, consistent with increased RPE maturity. (K and L) Reductive flux increases with RPE cell plating density and time in culture. Mean \pm SD ($n = 3$). * $P < 0.05$ vs. cells at 28,000 or cells at W1. (M and N) Levels of intermediates derived from reductive and oxidative pathways with increasing RPE plating density. Reductive flux increases with an increased RPE maturity, whereas oxidative flux is not affected, except at the highest plating density. * $P < 0.05$ vs. 28,000 cells ($n = 3$).

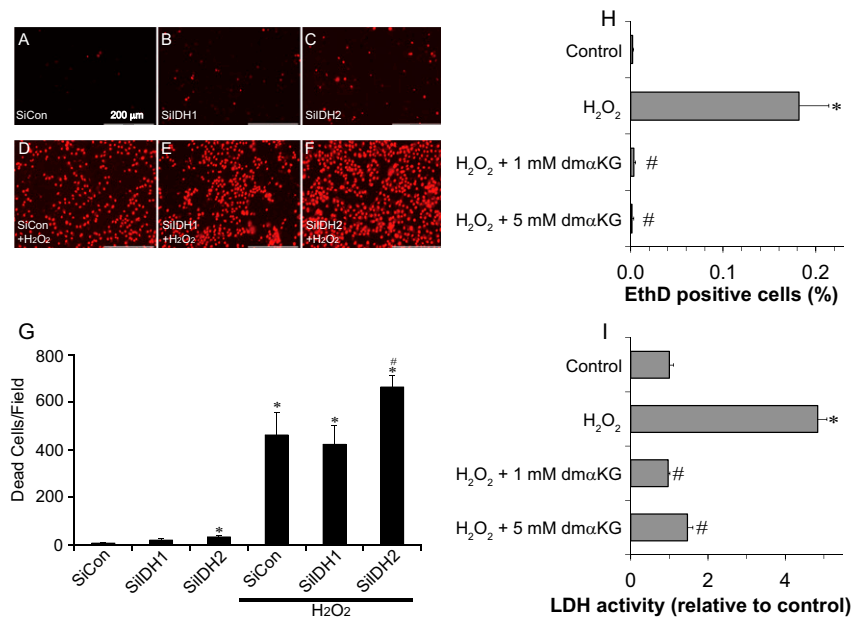


Fig. S8. Inhibition of reductive carboxylation enhances the toxic effects of H₂O₂, and supplementation with αKG suppresses them. (A–F) Knockdown of IDH2 but not IDH1 increases hFRPE cell death as assessed by ethidium homodimer (EthD) staining of dead cells. SiCon, siRNA control. (G) Quantification of dead cells per field from A–F. **P* < 0.05 vs. SiCon (nontarget siRNA control); #*P* < 0.05 vs. SiCon (nontarget siRNA control) treated with H₂O₂. (H) dmαKG, a methyl-esterified, cell-permeable form of αKG, fully suppresses cell death caused by H₂O₂ as assessed by EthD staining. (I) dmαKG fully suppresses cell death caused by H₂O₂ as assessed by EthD staining (*n* = 4). **P* < 0.05 vs. control; #*P* < 0.05 vs. H₂O₂ alone.

Table S1. Reductive flux to citrate in different cell lines and tissues

| Cell line/tissue | Total CIT, μmol/μg protein | % CIT with ¹³ C label (M1–M6) | Reductive path, % M5 CIT | Oxidative path, % M4 CIT |
|------------------|----------------------------|--|--------------------------|--------------------------|
| hFRPE | 17.5 ± 0.5 | 37.5 ± 5.3 | 17.7 ± 1.5 | 8.1 ± 1.4 |
| iPSC RPE | 27.2 ± 2.6 | 47.3 ± 4.5 | 25.7 ± 1.2 | 10.0 ± 1.1 |
| ARPE-19 | 20.0 ± 2.8 | 20.9 ± 0.0 | 9.9 ± 0.7 | 8.1 ± 0.6 |
| Müller glia | 20.0 ± 3.3 | 55.0 ± 0.9 | 5.1 ± 0.2 | 30.4 ± 0.9 |
| hCardiac EC | 12.3 ± 2.5 | 17.9 ± 0.8 | 4.5 ± 0.3 | 11.2 ± 0.3 |
| HeLa | 26.7 ± 0.6 | 65.4 ± 0.9 | 4.2 ± 0.4 | 45.2 ± 0.2 |
| Retina | 6.9 ± 0.9 | 27.6 ± 0.8 | 2.7 ± 0.2 | 17.1 ± 1.0 |
| Cerebellum | 7.6 ± 1.0 | 18.9 ± 0.6 | 0.3 ± 0.1 | 11.3 ± 0.7 |
| Hippocampus | 7.6 ± 0.8 | 29.0 ± 1.4 | 0.9 ± 0.3 | 20.5 ± 1.2 |
| Olfactory bulb | 5.1 ± 0.6 | 15.5 ± 2.1 | 0.5 ± 0.0 | 9.7 ± 1.4 |

CIT, citrate.